

**LONG ISLAND PLASTIC SURGICAL GROUP ONE OF FIRST IN U.S. TO OFFER  
MACS-LIFT**

*Newly Developed, European Facial Procedure Requires Fewer Incisions and Results in  
More Natural Look*

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**Garden City, N.Y. -September 14, 2006** – Long Island Plastic Surgical Group (LIPSG) is one of the first Plastic Surgery centers in the country to offer the MACS-lift (Minimal Access Cranial Suspension lift). Unlike traditional facelifts, this technique allows surgeons to lift the middle layer of muscle and tissue in a vertical direction, virtually eliminating the horizontal "windswept" look. The procedure is also a shorter and less invasive procedure, requiring less patient downtime.

The MACS-lift was first described in medical literature in 2002. Vincent DiGregorio, M.D., F.A.C.S., a senior partner with LIPSG, traveled to Belgium in 2006 to learn this new procedure from the Plastic Surgeons who developed the technique. Now it's one of the options available to all patients at LIPSG.

As we age, the middle layer of the face sags, producing unflattering jowls, deep marionette lines and sagging necks. According to the American Society of Plastic Surgeons, over 150,000 American patients choose to undergo a facelift in 2005 to combat these signs of aging.

However, in contrast to the horizontal pull of a traditional facelift, the MACS-lift works to correct the effects of gravity by lifting the middle layer vertically, resulting in a more natural look. "This principal is easily demonstrated on oneself by placing fingertips on the cheeks and elevating vertically towards the brow rather than horizontally towards the ears," stated Dr. DiGregorio.

In addition, unlike the traditional facelift that merely tightens the skin, a MACS-lift address the middle layer of muscle and tissue. The surgeon elevates the middle layer with precisely paced dissolvable sutures, and removes very little skin, allowing it to re-drape over the lifted layer. The MACS-lift also utilizes fewer incisions than a traditional facelift. The entire operation takes two or three hours, versus five or six hours for a traditional facelift, and can be performed under local anesthesia. Recovery time is approximately three weeks, much shorter than a conventional facelift.

If you would like more information about this procedure or would like to schedule a free consultation, contact Long Island Plastic Surgical Group at 516-742-3404